GRIMSHAW GAB

ISSUE 1 | JANUARY 2025



Staff Service Awards





During a special presentation during our annual staff Christmas Party on December 13, 2024, we celebrated staff members for their service and dedication to the Town of Grimshaw. Brian Nidish, Recreation Facilities Maintenance Manager was celebrated for 25 years of service, and Darryl Grant, Public Works Assistant Foreman, was celebrated for 5 years of service. CAO Brian Allen, Director of Community Services Tracy Halerewich, and Director of Operations Butch Mitchell presented them with their service awards amongst their colleagues Thank you, Brian and Darryl, for your commitment to our community and the important work you do.

Volunteer of the Month



Johnathon Abrahamsz

Starting as a Grade 5 Student Parliament member at Grimshaw Public School and now serving as President in Grade 12, Johnathon has made a meaningful impact through countless volunteer efforts, from coaching curling to preserving local history. We're so proud to have him in our community and grateful for his example as a positive role model!

Free Family Day Dance

There will be a FREE Family Day Dance on February 16th from 7:00 to 9:30 p.m. at the Mile Zero Multiplex Field House. There will be a DJ playing music, a photo booth and prizes throughout the evening. Step Up Eatery concession will open at 6:00 p.m., featuring a Family Dance special menu item. A special thank you to Grimshaw Community Services for organizing and hosting this Family Day event. For more information, please contact them at 780-332-4005 ext. 0.

TOWN DIRECTORY

Town Office Ph:780-332-4626 Administration, Fire Department, & Bylaw/ Animal Control **RECEPTION EXT 1**

Email: frontdesk@grimshaw.ca **UTILITIES**

Email: utilities@grimshaw.ca **TAXES**

Email: taxes@grimshaw.ca **BYLAW**

Email: akonowalyk@grimshaw.ca

Public Works Ph:780-332-4450 After Hours: 780-332-1599 Transportation, Water & Sewer **PUBLIC WORKS** Email: foreman@grimshaw.ca

WATER & SEWER

Email: water@grimshaw.ca

Mile Zero Regional Multiplex Ph:780-332-4005

FRONT DESK: EXT 0

Email: fh@grimshaw.ca

FITNESS CENTRE: EXT 1 Email: fc@grimshaw.ca

ARENA: EXT 2

Email: bnidish@grimshaw.ca

COMMUNITY SERVICES: EXT 3 Email: tracyh@grimshaw.ca

FCSS: EXT 4

Email: fcss@grimshaw.ca

Grimshaw Municipal Library Ph: 780-332-4553

Email: read@grimshawlibrary.ab.ca

Lac Cardinal Regional **Economic Development** Ph: 780-618-7797 Email: edo@laccardinal.com

LONG LAKE REGIONAL WASTE MANAGEMENT SERVICES COMMISSION GRIMSHAW TRANSFER STATION

Tues & Wed: 12:00 - 6:00 pm & Saturday: 9:00 am - 5:00 pm Disposal costs for refrigerated units (fridges, freezers, coolers) is \$30.00/ unit. \$10.00 a unit for all other white metals **RECYCLE Curbside Pick-up Dates**

Jan 9 & 23

Feb 6 & 20 March 6 & 20

2025 Municipal Elections

The 2025 municipal election will take place on Monday, October 20, 2025 for mayor and six councillors in Grimshaw. The nomination period has now begun, and nomination papers, along with additional information for candidates, will be posted soon on our website under 2025 Elections at www.grimshaw.ca. For any questions or to obtain more information about the nomination process or elections, please contact the Returning Officer, Belinda Russell or the Deputy Returning Officer. Sabrina Collett at 780-332-4626.

Attention Businesses

Business License renewal invoices have been sent out to businesses

Self-Referral Services Grande Prairie PCN

The Grande Prairie Primary Care Network now offers a range of services by self-referral. No physician referral is required. Even if you don't have a family physician, you can self-refer to the Grande Prairie PCN

Examples of self-referral services available to adults 18+ include:

Dietitian

- · Nutrition and healthy eating
- Label reading and menu planning
 Management of chronic conditions

Mental Health Therapy

- · Short-term therapy for mild to moderate concerns Support for anxiety, stress, depression, loss/grief
 Help with burnout, self-esteem, life-stage transition
 and more

Exercise Services

- Exercise programming
- Prevention or management of various conditions
 Strategies to safely maintain an active lifestyle

Social Work

- Community resource navigation:
- · food, financial, housing, and wellbeing resources
- Navigating government application processes



For More Information

scan the QR code visit www.grandeprairiepcn.com or phone 780-539-9204

Pet Tag Renewals

It's time to renew your pet tags for 2025! Pet tags are required for all cats and dogs within town limits. Visit the Town Office during regular business hours to renew or purchase your pet tags. Keeping your pet licensed helps ensure they can be identified and returned to you quickly if they get lost.

ecognizing Milestones in Grimshaw



Do you know of someone having a milestone birthday, anniversary or obtained a notable accomplishment? If you or someone you know is celebrating a 50th, 60th, or 75th wedding anniversary, a milestone birthday (80, 85, 90, 95, or 100 years), or another special achievement, we'd love to hear about it. In line with our Recognition of Special Occasions Policy, we encourage residents to contact the Town office with information about these milestones. Your submission will help us acknowledge and celebrate the important moments in our community. Reach us at frontdesk@grimshaw.ca or 780-332-4626.

Main-way **Outdoor Rink**



The Outdoor Rink is now open but please watch the Multiplex Facebook page for updates. With warming temperatures it will not be able to be flooded or temporarily closed. The rink is open until 11 pm nightly and is sponsored by Main-Way Electrical and Instrumentation.





New Website - grimshaw.ca

Check out our new website! It includes latest news, community event calendar, Town Council details, taxes, utilities, garbage collection, and snow removal. You can also explore local clubs, programs, recreation facilities, and a directory of businesses in town. Submit service requests through the "Service Request" button, and share your ideas for Grimshaw's 100th birthday under the "Vision 2030" button. Community organizations or clubs wishing to be featured can contact Grimshaw Community Services at 780-332-4005 ext. 4 and submit events for the calendar via the "Local Events" section.



Reminder for Animal Owners

The Town of Grimshaw reminds all residents that under Animal Control Bylaw 1195, Section 4.10, pet owners are required to ensure that their dogs do not bark or howl in a manner that is reasonably likely to annoy or disturb the peace of others.

Excessive noise from animals is disruptive and we request that pet owners to be mindful of their dog's behavior and take steps to prevent disturbances, especially during early morning or late evening hours. Please report excessive barking to

akonowalyk@grimshaw.ca or call 780-332-4626 and you will be asked to file a "record of disturbance" report. View the bylaw on our website at grimshaw.ca/bylaws, and thank you in advance for your cooperation.

Information for Seniors



partnered up to offer an

Intergenerational Program.

This is an opportunity for seniors to connect with youth, where everyone comes together to share, learn and engage with each other



This program is open to all interested seniors! SENIORS EXERCISE at the PROGRAM Berwyn Golden Age Drop In Centre

Falls are the leading causes of injury-related hospitalizations among older adults. The good news is that falls are preventable and you can minimize your risk. There are numerous fall prevention exercises that benefit your balance, strength and coordination, which can help you reduce the risk of falling. ••••

Come join us, all you need is clean indoor shoes and a water

January 06 to March 03, 2025 Monday & Wednesday mornings from Berwyn 10:00 to 11:00 a.m. with our certified personal trainer SYDNEY HIEBERT

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Please pre-register by calling Grimshaw Community Services







completion related to Federal

Our staff are able to assist with sending documents by fax, mail or Ministry or to the Canadian Federal

Old Age Security (OAS) and

Welcome back to Sabrina Collett

We're excited to welcome Sabrina Collett back to her role as Utility Clerk/Accounts Payable after a year of maternity leave with her new baby, Karrick. Sabrina's first day back was December 23, 2024, and we're thrilled to have her with us again. Since joining in November 2018, Sabrina has been a valuable asset to town operations. In addition to managing utility accounts and accounts payable, she's also serving as the Deputy Returning Officer for the 2025 Municipal Election. Sabrina looks forward to reconnecting with her co-workers and working with residents to address their utility needs. Please join us in welcoming her back!



Best wishes to Debi Malone



Join us in wishing Debi Malone the best as she embarks on a new chapter. After stepping away from her role at the Town of Grimshaw to focus on other interests, Debi is now offering her services as a Licensed Reflexologist with Pure Life Wellness. We're excited for her and wish her all the best. Debi was celebrated by staff on December 30, 2024, during a staff gettogether. Debi joined the Town of Grimshaw in April 2018 and held various roles, including Tax Clerk, Acting Municipal Secretary, and most recently, Utility Clerk/Accounts Payable. Her care for residents and pride in the community will be greatly missed. We wish her all the best in this exciting new journey!



The Canadian Dental Care Plan is a <u>dental</u> insurance program funded by the <u>Government of Canada</u> to provide <u>dentistry</u> services to uninsured Canadians that meet certain criteria.

The Canadian Dental Care Plan (CDCP) is helping make the cost of dental care more affordable for eligible Canadian residents.

pplications now open for:

Seniors aged 65 and over
Children under the age of 18
Adults with a valid federal Disability Tax Credit certificate for 2023

The application process is ONLINE.

If you require assistance with applying on line, please call Grimshaw Community ces to book an appointment @ (780) 332-4005 ext.04

Applications for the CDCP will open in

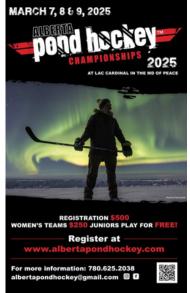
For more information on services covere consult the <u>CDCP Dental Benefits Guide</u> How much will be covered: How much will be covered: The CDCP will reimburse a portion of the cost of your treatment, but it may not pay the full amount. You may have to pay additional charges directly to the oral health provider.



10:30 to 11:30 a.m. at the

September 16, 2024 to April 30, 2025

For more information call: to all interested 55+ in age (780) 332-4005 ext.01





Community Services Activities & Events

FREE Family Day Dance - Feb 16 @ Mile Zero Multiplex Fieldhouse. DJ and Photo booth by Bluestream Entertainment. Step Up Eatery Concession open at 6 pm w/ Family Dance special. **Seniors Intergenerational Program -** Seniors and gr 1 students participate in crafts/learning. Feb 4 from 2 - 3:15 pm in the common area of the Mile Zero Multiplex. Monthly program w/Holy Family School

Seniors FREE Walking Program - Mon & Thurs from 10:30 - 11:30 pm @ Mile Zero Multiplex Northern Air Walking Track.

Friday FREE Family Fun Nights - Jan 24 & Feb 7 from 7 - 9 pm at the Multiplex Fieldhouse **Pickleball Adult Drop-In Program -** Mon/Wed/Fri from 7 - 9 pm at Multiplex Court #1. Drop-in fee: \$5 per adult & \$3 per senior.

FREE Use of the Walking Track - Sundays 9 am - 5 am, Sept 29 - Apr 6.

FREE Shinny Hockey - Sponsored by Servus Credit Union, Mon & Fri from 3:30 - 4:30 pm.

FREE Public Skating sponsored by TBC Farms, Wednesday's from 3:30 - 4:30 pm

FREE No School Days Public Skating and Shinny Hockey sponsored by Wrecked Services. Jan 31st, Mar 5, 6 & 7 Public Skating from 1:30-2:30 pm & Shinny from 2:30 - 4:30 pm.

FREE Basketball & Volleyball - Drop in on Sundays - Dec 15th Volleyball, Dec 22 Basketball **No School Days Shinny & Public Skating** - Jan 31 & March 5, 6 & 7th \$2 per participant - Public Skating from 1:30 - 2:30 pm & Shinny from 2:30 - 4:30 pm.

Skate Sharpening Service - Mon/Wed/Fri from 4:30-9 pm

No School Days Fieldhouse Court Play - Jan 31 & March 5, 6, 7th from 12 - 4 PM. \$2 per participant.

Toonie Track Time - Every Saturday for \$2 between 9 am - 5 pm - year round.

Grimshaw Library Activities & Events

Home Routes Concert - Feb 11th - Firebird, a Vancouver Island trio will perform at the library at 7pm Tickets \$25 with all proceeds going to the artist. Available @ library and online.

Little Learners - Geared for children 3 and under, the 45-minute program is held every Friday at 10:30 AM, featuring stories and songs with Miss Danielle. Registration is not required, and families receive a board book courtesy of Grimshaw Berwyn & District Community Adult Learning.

Chess Club - For grade 4 students and up to practice strategy. Boards and rule books provided. Monday's from 3:30 - 4:15 pm.

Afterschool Activities - Different crafts/activities weekly free of charge sponsored by Grimshaw Community Services. No charge and no need to register. In the atrium (just outside the library doors) on Wed from 3:30 - 4:15 pm for all school-aged kids. Character Spotlight - kits are available every Saturday @ the library. This program is replacing the Featured Creature program, working in a similar way with books, having a different book character monthly. Frost, the Ice Dragon is the first spotlight and free craft kits can be picked up at the library. Instructional videos are available on the Library's Facebook & YouTube.

Monday Morning Muffins and More - New learning topic each month! Held on the last Monday of each month @10:30 am - presentation, discussion & refreshments. Chicken Soup for the Soul - Fri, Jan 31 11:30-1 pm @ Mile Zero Multiplex, have a free bowl of soup courtesy of Step Up Eatery & browse donated Chicken Soup for the Soul books to exchange or add to collection. No library card required. Family Literacy Day/Take your Adult to the Library Day/Candy Decorating Day - Feb 1 from 11 am - 3 pm for giant board games, sweet treats, crafts &

door prizes.

Watch for Displays - Dragon Appreciation Week from Jan 13-18, Freedom to Read Week from Feb 24-28 & Paper Bag Princess Day on March 1.

All events take place at Grimshaw Municipal Library, 4412A-50th Street.

For more information, call 780-332-4553 or visit www.grimshawlibrary.ab.ca.

Chicken Coop License Renewals

If you have chickens, please note that Chicken Coop Licenses need to be renewed annually and are due for 2025.

Call 780-332-4626 for more information.



Town Council Contacts

Wendy Wald, Mayor
(780) 618-4901 mayor@grimshaw.ca
Stacey Messner, Deputy Mayor
(780) 332-4998
stacey.messner@grimshaw.ca
Stephen Hennings - (780) 618-1307
stephen.hennings@grimshaw.ca
Colleen Sklapsky - (780) 618-6619
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Bob Regal- (780) 618-6371
bob.regal@grimshaw.ca
Carmen Johnson - (780) 618-8120
carmen.johnson@grimshaw.ca
Lynn Florence - (780) 837-0389

Upcoming Council Meetings

lynn.florence@grimshaw.ca

January 23 & February 12 7 pm @ Council Chambers Kennedy Administration Office