

GRIMSHAW GAB

ISSUE 5 | MAY 2024



Notice to Residents from Grimshaw Town Council Regarding Emergency Department Hours

We understand that the recent news of reduced hours at the Grimshaw Health Center Emergency Department causes uncertainty in our residents regarding the future of Emergency Department Services. Please note that through our work as elected officials and in partnership with the Grimshaw Regional Healthcare Attraction and Retention Committee (GRHARC), we've been working closely with Alberta Health Services (AHS) to understand the staffing shortage and how positions are being filled. Our goal remains to have 24-hour ED service in our community reinstated: however, this hinges on AHS's ability to recruit the necessary personnel to fulfill these roles. Currently, AHS has job postings listed for two Family/Emergency Physicians at the Grimshaw Health Center. As all applicants are international, they must complete a three-month assessment and an evaluation before they can practice in our community. Realistically, we anticipate it will take at least one year before these physician positions are filled. Once we have confirmation of a physician joining our community, we will promptly inform our residents. We are pleased to share that we recently welcomed an international nurse to our community. As many of you know. Grimshaw faced a critical shortage of nurses two years ago. which prompted our healthcare center to be designated as a high-priority location for international nursing recruitment efforts. We are grateful to begin to see the positive outcomes of this initiative. Thank you to the GRHARC members for your time and care in ensuring our new nurse's home was ready upon her arrival. As we navigate through this unprecedented time in healthcare, it will take not only the Council's commitment but also the community as a whole to create a positive and supportive environment for our current and future medical and healthcare professionals. We thank you for your support and understanding and warmly remind everyone to practice extra patience with Grimshaw Healthcare ED staff.



Keep an eye out for tax notices! They will be sent out May 15th via email and Canada Post.

TOWN DIRECTORY

Town Office Ph:780-332-4626
Administration, Fire Department,
& Bylaw/ Animal Control
RECEPTION EXT 1

Email: frontdesk@grimshaw.ca
UTILITIES

Email: utilities@grimshaw.ca

Email: taxes@grimshaw.ca

BYLAW EXT 4

Email: akonowalyk@grimshaw.ca

Public Works Ph:780-332-4450 After Hours:780-332-1599 Transportation, Water & Sewer PUBLIC WORKS

Email: foreman@grimshaw.ca
WATER & SEWER

Email: water@grimshaw.ca

Mile Zero Regional Multiplex Ph:780-332-4005

FRONT DESK: EXT 0

Email: fh@grimshaw.ca

FITNESS CENTRE: EXT 1

Email: fc@grimshaw.ca

ARENA: EXT 2

Email: bnidish@grimshaw.ca
COMMUNITY SERVICES: EXT 3

Email: tracyh@grimshaw.ca

FCSS: EXT 4

Email: fcss@grimshaw.ca

Grimshaw Municipal Library Ph: 780-332-4553

Email: read@grimshawlibrary.ab.ca

LONG LAKE REGIONAL WASTE MANAGEMENT SERVICES COMMISSION

GRIMSHAW TRANSFER STATION

SUMMER HOURS ARE NOW IN EFFECT

Tues & Wed: 12:00 - 8:00 pm & Saturday: 9:00 am - 5:00 pm Disposal costs for refrigerated units (fridges, freezers, coolers) is \$30.00/ unit. \$10.00 a unit for all other white metals

RECYCLE Curbside Pick-up Dates

May 16 & 30 June 13 & 27 July 11 & 25

VOLUNTEER OF



GPS GRADE 9 CLASS

Your selflessness, compassion and generosity are very much appreciated. Thank you for all you do!

Community Barbeque Seniors Week on May 21st

Join us for a Community Barbeque on May 21 from 11:30 am - 1:30 pm at the Town of Grimshaw Administrative Office parking lot in celebration of Public Works Week, Alberta Crime Prevention Week and Municipal Government Day.



Celebrating National Public Works Week | May 19-25, 2024

June 3 - 9, 2024

Monday June 3rd

Brownvale Community & **District Library** FREE coffee, doughnuts and crafting. 1:00 to 4:00 p.m.

Tuesday June 4th

Grimshaw Legion FREE Luncheon with live music by George Brothers. 11:30 a.m.to 1:30 p.m.

Tuesday June 4th

Mile Zero Theatre at the Grimsham Shared Schools Facility Please join Holy Family School for their FREE Seniors Tea along with the 2024 Kindergarten Graduatio Starting @ 1:45 p.m.

Thursday June 6th

Berwyn Golden Age Centre by the Northern Aces.

FREE Luncheon with live music 11:30 a.m. to 1:30 p.m.

Community Services Activities & Events

Free Seniors Walking - Mon/Thur 10:30-11:30 am @ Multiplex Walking Track **Seniors Intergenerational Program -** June 5th from 2-3:15 at the Multiplex is an opportunity for seniors and youth to connect and learn.

Seniors Intergenerational Day FREE Lunch - June 1st from 11:30 am - 1 pm at the common area by the Step Up Eatery at the Multiplex. Bring a senior and celebrate the importance of intergenerational relationships and connections. International Day of Families FREE court time - May 15th from 5 - 7 pm at the Field House at the Multiplex

Bike Rodeo - May 28th 5-6 pm at the Multiplex Arena Pad. Bring your bike/scooter and helmet to learn about bike/road safety. All ages are welcome.

Home Alone Program - May 22 from 4-7 pm at the FCSS program room at the Town of Grimshaw Administration Office. \$25 per person (cash only) Call 780-332-4005 ext 04 to register.

Aquafit - Starts May 21st Tues/Thurs from 8-9 pm @ Outdoor Pool \$4 drop in fee. Swimming

FREE Opening Public SwiM - May 17 from 7-9 pm @ the Outdoor Pool FREE Victoria Day Public Swim - May 20 from 1 - 3 pm @ the Outdoor Pool Steve Bolkowy Annual Sports Award - Nominate an outstanding sports volunteer before September 9th. Call Tracy at 780-332-4005 ext 03 for more information. Pickleball Adult Drop In Program - Mon/Wed/Fri from 7-9 pm Multiplex Court #1 Drop in fee: \$5 per adult & \$3 per senior.

Toonie Track Time - Saturday's Year Round from 9 am - 5 pm Fee: \$2 Northern Air Walking Track @ Multiplex

Grimshaw Library Activities & Events

Death Cafe - A safe space to talk about death and how society approaches the topic. May 23 at 7 pm Hosted by Peace Palliative Care Society and the Peace Valley Funeral Home.

Chess Club - Mondays for students in grades 4 and up.

Little Learners for children three and under is a 45-minute program held every Friday at 10:30 am, featuring stories and songs with Miss Danielle.

Afterschool Activities - Wednesdays 3:30-4:15 for all school-aged kids. A new craft or activity every week, free of charge thanks to the Grimshaw Community Services (FCSS) sponsorship. No need to register, just show up!

Creature Crafts to Make and Take - available every Saturday. Pick up your free craft kit and watch our instructional video on our Facebook page or YouTube channel. This monthly program is sponsored by the MD of Peace, and the April creature is a Chameleon.

Monday Morning Muffins and More - Monday May 27 at 10:30 am -Learn and hear from local gardening entrepreneurs though our Gardening Panel with Back Forty Blooms, TC Ranch and Mighty Peace Berries & Blooms.

Teddy Bear Picnic

The Grimshaw Municipal Library will be at the Teddy Bear Picnic in Peace River on drive a huge success with 800 bags of June 12 & 13 hosted by the Peace Region Family Resource Network.

History Book Submissions

Do you have a story or information to be included in the Grimshaw and area history book? Stories are being accepted until June 30, 2024. The Grimshaw History Book Association is welcoming personal stories, events, business history - past and present. Also, if you have any newspaper articles that you think may be of interest, contact Colette Robinson at 780-618-7607 or grimshawbook2@gmail.com.



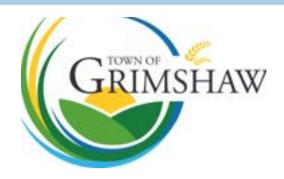
The Berwyn/Grimshaw Ecumenical Care Society—Food Bank, would like to thank Casey Szmata of the Grimshaw Resource Centre for Suicide Prevention & her Ladies Group for organizing the recent food drive; Grimshaw Community Services for helping provide the bags; & all the volunteers who distributed & picked up food bags. Another huge thank you to everyone who donated food & cash, your support is very much appreciated! We're so proud of the people of our town & their overwhelming response, making this food food donated.

Drought Advisory

The Province has reported well below-normal precipitation. The natural river flows are low, and conditions are in severe to extreme drought conditions.

Monitoring Conditions

We continue to closely monitor conditions while taking steps to prepare for drought and other climate risks, such as extreme heat that can make drought worse and lead to wildfires and smoke.



Now is the time to do your part, big or small, to conserve water and use it wisely. Learn simple ways you can help reduce water use inside and outside your home.

How Much Water Am I Currently Using?



11 Liters/use or 2.42 imp. gal./use



10 Liters/min or 2.2 imp. gal./min



35 Liters/load or 7.76 imp. gal./load



65 Liters/load or 14.36 imp. gal./load



1000 Liters = 1 m^3

22 Liters/min or 4.84 imp. gal./min

A family of four uses around 22,300 Liters or 4,905.3 Imperial Gallons of water per month.

Ways to Save Water

In the Bathroom

- Turn off the tap while shaving or brushing your teeth.
- . Take short showers.
- Only flush the toilet when necessary and don't use it as a wastebasket.
- Fill the tub to only halfway when bathing the kids.
- Check toilets and faucets for leaks every six months.

In the Kitchen

- Run only full loads of your dishwasher.
- Scrape plates instead of rinsing them.
- Soak pots and pans instead of letting the water run while you clean off stuck-on food.
- Place vegetables and fruit in a partially filled sink or pot, then rinse them.
- Keep a jug of drinking water in your refrigerator instead of running the tap to get cold water.

Elsewhere

- Wash only full loads of laundry.
- Use a rain barrel to water your lawn and garden.
- Service and repair your hot water tank if it is visibly leaking.
- Service and repair appliances if leaks are evident.
- Consider replacing your old washer with a low water use washer.

Leaks

Have you noticed your water bill was way higher than normal with no reasoning? You may have a leak!

A dripping faucet can accumulate an additional \$50/month to your water bill, a toilet leak could potentially add \$1,000! Most leaks are silent, which means you may not see evidence like a large puddle. Make sure to check for leaks – indoors and outside – every six months.



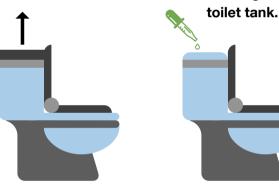
Signs of a Leak:

- 1. High water bill without reasoning
- 2. Signs of water damage: stains, chipping paint, cracks
 - 3. Mold, mildew, or weird smells

Check for Toilet Leaks

You should check your toilet for leaks every 6 months, as they are the #1 cause of water leaks and are the appliance that uses the most water in your home. Check your toilet using the leaky toilet test:

1. Remove the tank lid.



Drop several drops of food coloring into the

Wait about 30 minutes.

Check the toilet bowl. If the water is coloured, you have a leak.



Check for Other Leaks

Check all other water appliances inside and outside your home:

Check Inside:

- ☐ faucets
- dishwasher
- □ bathtubs and showers
- □ refrigerator/water dispenser/ice maker
- mashing machine
- □ hot water tank

Check Outside:

- outdoor taps
- irrigation systems
- fountain or water feature
- □ Water Service Line



What To Do When You Find a Leak

- 1. Visit a hardware store for repair tips and parts.
- 2. Search for related DIY videos or how-to books with detailed instructions.
- 3. If you aren't able to fix the leak yourself, or have trouble finding the leak, hiring a professional plumber is the best solution.

